



Confidence Intervals

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Overview

Outline

- Background
- Confidence intervals (CIs)
- Examples

Learning objectives

- to understand CI construction
- to be able to name 3 factors that affect CIs
- to be able to interpret CIs found in literature



Background

Terminology

- **population**

group of individuals or objects that we would like to study

- **sample**

subset of a population



Background

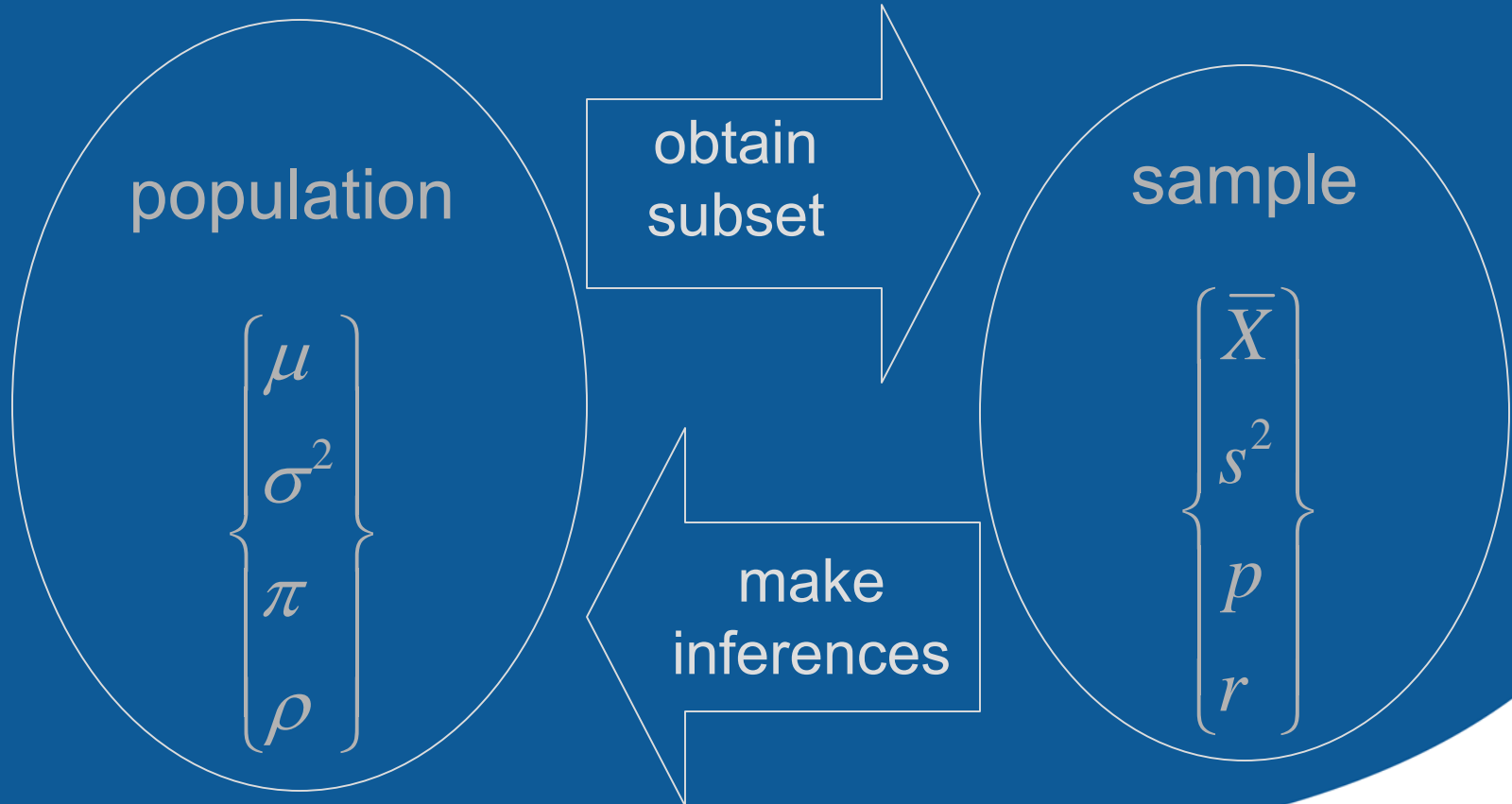
Terminology

- **population parameter**
a quantity that describes a population
- **sample statistic**
an estimate of the population parameter
- **statistical inference**
process of drawing conclusions about a population based on observations in a sample



Background

Framework for statistical inference



Background

Terminology

- **point estimate**

a single value to estimate a population parameter

- **interval estimate**

a range of values to estimate a population parameter



Confidence intervals

Motivation

We know:

- not practical to measure entire population, so take a random sample
- there is random error

We want to:

- summarize information on effect size and variability
- infer statistically significant results



Confidence intervals

Definitions

- **confidence interval, CI**
a range of values that probably contains the population value
- **confidence limits**
the values that state the boundaries of the confidence interval



Confidence intervals

Construction

- most CIs have the following form:

sample
statistic +/- (critical value)x(SE of sample statistic)

“margin of error”



Confidence intervals

Construction

- the critical value represents the desired confidence level based on distribution theory
- the sample statistic is a point estimate based on data
- the SE of sample statistic is a measure of variability based on data



Confidence intervals

100(1- α)% CI for mean

- critical value: $z_{1-\alpha/2}$, 100(1- $\alpha/2$)th percentile of standard normal distribution
- sample statistic: \bar{x} , sample average
- SE of sample statistic: $\frac{\hat{\sigma}}{\sqrt{n}}$, where $\hat{\sigma}$ is sample standard deviation and n is sample size



Confidence intervals

100(1- α)% CI for mean

$$\left(\bar{x} - z_{1-\alpha/2} \frac{\hat{\sigma}}{\sqrt{n}}, \bar{x} + z_{1-\alpha/2} \frac{\hat{\sigma}}{\sqrt{n}} \right)$$



Confidence intervals

100(1- α)% CI for proportion (large sample size)

- critical value: $z_{1-\alpha/2}$, 100(1- $\alpha/2$)th percentile of standard normal distribution
- sample statistic: \hat{p} , sample proportion
- SE of sample statistic: $\sqrt{\frac{\hat{p}(1-\hat{p})}{n}}$,

and n is sample size



Confidence intervals

100(1- α)% CI for proportion (large sample size)

$$\left(\hat{p} - z_{1-\alpha/2} \sqrt{\frac{\hat{p}(1-\hat{p})}{n}}, \quad \hat{p} + z_{1-\alpha/2} \sqrt{\frac{\hat{p}(1-\hat{p})}{n}} \right)$$



Example: scenario

Construction example

Suppose that you would like to know the effect of a newly developed drug (drug A) and a current drug (drug B) on systolic blood pressure (sbp).

You would like to know the effect of drug A.

What information do we need?



Example

population

Q: What is the population parameter?

A: mean sbp, μ



Example

sample

Q: What is the sample statistic?

A: The average sbp among drug A and drug B patients was 107 mmHg and 125 mmHg, respectively.

So, $\bar{x} = 107$ mmHg.



Example

confidence level & critical value

Q: What is desired confidence level?

A: 95% CI, so $1-\alpha = 0.95$ and $\alpha = 0.05$

Q: What is the critical value?

A: $z_{1-\alpha/2} = 1.96$



Example

variability

Q: What was the variability of the data?

A: The estimated standard deviation of sbp among drug A and drug B patients was 19 mmHg and 20 mmHg, respectively.

Q: How many patients were sampled?

A: You took a random sample of 35 patients on drug A and 35 patients on drug B.

So, $n = 35$.



Example

variability

Q: What is the SE of the sample statistic?

A:
$$\frac{\hat{\sigma}}{\sqrt{n}} = \frac{19}{\sqrt{35}} \approx 3.21 \text{ mmHg}$$



Example

estimated CI

A 95% CI for the mean sbp of patients on drug A is

$$\left(\bar{x} - z_{1-\alpha/2} \times \hat{\sigma} / \sqrt{n}, \bar{x} + z_{1-\alpha/2} \times \hat{\sigma} / \sqrt{n} \right)$$

$$(107 - 1.96 \times 3.21, 107 + 1.96 \times 3.21) \text{ mmHg}$$

$$= (100.7, 113.3) \text{ mmHg}$$



Example: follow-up

Exercise

What is a 95% CI for mean sbp of patients on drug B?



Example: follow-up

estimated CI

A 95% CI for the mean sbp of patients on drug B is

$$(\bar{x} - z_{1-\alpha/2} \times \hat{\sigma} / \sqrt{n}, \bar{x} + z_{1-\alpha/2} \times \hat{\sigma} / \sqrt{n})$$

$$(125 - 1.96 \times 20 / \sqrt{35}, 125 + 1.96 \times 20 / \sqrt{35}) \text{ mmHg}$$

$$= (118.4, 131.6) \text{ mmHg}$$



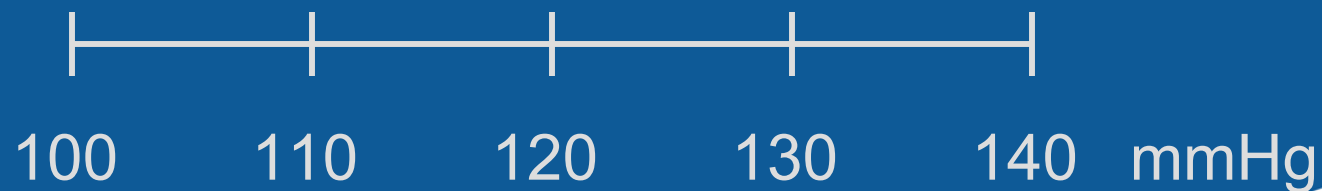
Example

Graphing CIs

drug A



drug B



CI and influencing factors

Factors that affect the width of a CI are:

- desired confidence level, $1-\alpha$
- sample size, n
- variability or standard deviation, σ



CIs and influencing factors

Desired confidence level, $1-\alpha$

- intuition: a higher confidence level without improving data quality means a larger margin of error
- as the desired confidence level increases, the confidence interval width increases, given all other quantities remain fixed



CIs and influencing factors

Sample size, n

- intuition: a larger sample size means more information, which implies better inference
- as the sample size increases, the confidence interval width decreases, given all other quantities remain fixed



CIs and influencing factors

Variability/Standard deviation, σ

- intuition: more variability or larger spread means more difficult to estimate population value without large amounts of data
- as the variability/standard deviation increases, the CI width increases, given all other quantities remain fixed



Interpretation

Thought experiment

- Imagine taking many samples of equal size and constructing 95% CIs



Interpretation

Thought experiment observations

- the population value is fixed
- some CIs contain the population value and some do not
- about 95% of the CIs contain the population value



Interpretation

Proper interpretation of 95% CI

- the probability that the CI contains the population value is 0.95
- “Our estimate is *sample estimate*. This result is accurate to within *margin of error*, 19 times out of 20.”

Improper interpretation of 95% CI

- the probability that the population value lies within the CI is 0.95



Interpretation

Notes

- assume measurements are not biased (ie. no systematic error)
- statistical significance does not imply clinical significance



Literature

Berry, et al. (2003).

- population parameter?
- confidence interval?
- width of confidence intervals?
- overlap of confidence intervals?



References

- Berry, MJ, et al. (2003). A Randomized, Controlled Trial Comparing Long-term and Short-term Exercise in Patients with Chronic Obstructive Pulmonary Disease. *Journal of Cardiopulmonary Rehabilitation.* 23:60-68.
- Norman, GR and Streiner, DL. (2005). *Biostatistics: The Bare Essentials 2E.* Hamilton: BC Decker.

