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Aluminum foil packaging	N	Garbage		
Blue wrap	Y	Soft Plastic	A little bit of tape on the blue wrap is ok.	
Booties/head covers	N	Garbage		
Breast milk container	Y	Rigid Plastic & Tin	Must be rinsed	
Bubble wrap	N	Garbage	Too low a grade of plastic	
Cardboard	Y	Cardboard	Must be broken down	
Cavi-Wipe bottle	Y	Rigid Plastic & Tin		
CD cases	N	Garbage	Safety concern when baling, can shatter easily	
Coil-bound documents	Y	Confidential Shredding	Coils do not need to be removed.	












Item	Recyclable?	Stream	Notes	Picture
Coffee Cups	N	Garbage	Can't be recycled because of wax lining/combined materials	
Craft paper	Y	Mixed Paper		
Diaper packaging	Y	Soft Plastic		
Distilled water jug	Y	Beverage Containers		
Feeding bottle	Y	Rigid Plastic & Tin	Rubber teat must be removed and put to garbage	
Flyers	Y	Mixed Paper		
Glass or plastic vials (injectable medication)	N	Garbage/ pharmaceutical waste	Rubber and/or metal stopper difficult to remove, containers often have liquid left in them	
Glass or plastic containers (oral liquid or dry medication)	Y	Glass or rigid plastic	Must be completely empty. Caps should be removed.	
Glass drink bottles	Y	Beverage Containers		
Glossy paper	Y	Mixed Paper		





Item	Recyclable?	Stream	Notes	Picture
Glove boxes	Y	Mixed Paper	Must be broken down	
Glove packaging	Y	Mixed Paper		
Gloves	N	Garbage	Latex/ nitrile rubber can't be recycled	
Gowns	N	Garbage	Made of several combined materials. Appear medical.	
Hardcover books	Y	Confidential Shredding		
Hand sanitiser bottle	Y	Rigid Plastic & Tin	Must be empty	
IV bag packaging	Y	Soft Plastic		
IV bag with medication	N	Pharmaceutical waste		
IV Bags (no medication)	N	Garbage		
Juice Cups	Y	Beverage Containers	Must be rinsed, keep foil lid on	

Item	Recyclable?	Stream	Notes	Picture
Kidney bowl – blueware	N	N/A	Should be sterilized and re-used	
Magazines	Y	Mixed Paper		
Medical supply packaging - front	Y	Soft Plastic	Must be separated from backing	
Medical supply packaging - paper backing (can be ripped)	Y	Mixed Paper	Must be separated from front	
Medical supply packaging - paper backing (cannot be ripped)	N	Garbage	Combined paper/plastic layers that cannot be separated.	
Medication cups	Y	Rigid Plastic & Tin		
Metal IV hanger	Y	Rigid Plastic & Tin		
Milk cups	Y	Rigid Plastic & Tin	Must be rinsed, foil lid does not need to be kept on	
Milk cartons/jugs	Y	Rigid Plastic & Tin	Must be rinsed	
Mixed Metal Packaging	N	Garbage		

Item	Recyclable?	Stream	Notes	Picture
Needle caps	N	Garbage	Medical looking and too small to be recycled	
Newspaper	Y	Mixed Paper		
Nutritional supplement cans & tetra paks	Y	Rigid Plastic & Tin	Some brands can be returned for a deposit. Check http://www.return-it.ca/cfm/index.cfm?lt=903	
Office paper	Y	Confidential Shredding	Confidential or non goes into confidential consoles. Sticky notes and envelopes with windows accepted. Staples, paper clips and bands ok.	
Oxygen masks	N	Garbage	Medical looking	
Paper medication cups	Y	Mixed Paper		
Paper plates	Y	Mixed Paper	Must be clean, no food	
Paper towel	N	Organics	If compost not available, garbage	
Patient ID cards/wrist bands	N	Confidential media		
Plastic bags	Y	Soft Plastic		

Item	Recyclable?	Stream	Notes	Picture
Plastic bottle with medication	N	Pharmaceutical waste		
Plastic bottle—empty/no medication	Y	Rigid Plastic & Tin	Must be empty	
Plastic coated paper wrap	N	Garbage		
Plastic food containers	Y	Rigid Plastic & Tin	Must be rinsed with no food chunks	
Plastic circuit pieces	N	Garbage	Medical looking and too small to be recycled	
Plastic packaging	Y	Soft Plastic		
Plastic water cup	Y	Rigid Plastic & Tin		
Plastic packaging—with labels with patient information	N	Confidential media		
Pop cans	Y	Beverage Containers		
Softcover books	Y	Confidential Shredding		
Sponge	N	Garbage		

Item	Recyclable?	Stream	Notes	Picture
Sterile cups	N	Garbage	Medical looking	
Sterile water bottle	Y	Rigid Plastic & Tin		
Stickers	N	Garbage		
Styrofoam—packaging	Y	Styrofoam	Not all sites have Styrofoam pick-up established—contact your Support Services Manager	 
Styrofoam—food (cups, plates)	N	Garbage		 
Syringes	N	Garbage		
Test-tube holder - plastic	Y	Rigid Plastic & Tin		
Tetrapaks—Juice	Y	Beverage Containers		
Tin cans	Y	Rigid Plastic & Tin	Must be rinsed – no food chunks	
Tissue boxes	Y	Mixed Paper	Must be broken down	

Item	Recyclable?	Stream	Notes	Picture
Tubing	N	Garbage	Medical looking	
Urinal-plastic	Y	Rigid Plastic & Tin	Must be rinsed	
VHS Tape	N	Confidential media		
Wash buffer/isotone container	Y	Rigid Plastic & Tin		
Water bottle	Y	Beverage Containers		
Water jug	Y	Rigid Plastic & Tin		
Wax Tray	N	Garbage	Can't be recycled because of wax	
Yoghurt cup	Y	Rigid Plastic & Tin	Must be rinsed – no food chunks	
Ziplock bags	Y	Soft Plastic	Must be clean	