

Happier Time: The role of people, workplaces, and policy in promoting time affluence

Wednesday, May 15th, 2019

Sponsored by the Vivien M Srivastava Memorial Endowment

10:00am - 12:00pm

Vivien M Srivastava Lecture 2019

Around the world, people feel like they have too many things to do and not enough time in the day to do them.

The lecture will provide strategies allowing individuals to combat rising feelings of time stress and feel empowered to make small changes in their daily lives to have more and happier time.

Lecturer

Ashley Whillans, Assistant Professor @ Harvard Business School

Registration for students, postdocs, faculty and staff [here](#)

The lecture will be video conferenced to **DHCC 2263 @ VGH**

Funding and support for these sessions is also provided by Graduate and Postdoctoral Studies, the Wellness Centre and the Centre for Student Involvement and Careers.



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