

A coconut oil derived nutritional supplement intervention for those with Alzheimer Disease

PURPOSE OF THIS STUDY:

This study will test the safety and tolerability of a type of fat found in coconut oil in those with Alzheimer Disease (AD).

WHO CAN PARTICIPATE?

You may be eligible to participate if:

- > You have a diagnosis of mild-moderate severity Alzheimer Disease
- > You are between the age of 50-90
- > You have someone who can be your study partner and accompany you to all study visits
- > You are willing and able to have 2 MRI scans and 2 PET scans

WHAT IS INVOLVED?

- > 5-8 study visits over 2-3 months
- > Participants will be randomly assigned to receive either the nutritional supplement or a placebo for 18 days
- > Participants will be asked to provide blood samples, undergo MRIs and PET scans, and complete tests of memory and thinking and questionnaires
- > Study partners will also be asked to provide information on the participant's abilities and functioning

CONTACT INFORMATION:

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STUDY TIME/DURATION

Open from June 2016 until the recruitment target is met

STUDY LOCATION

UBC Hospital
Clinic for Alzheimer Disease and Related Disorders

PRINCIPAL INVESTIGATOR

Dr. Haakon Nygaard
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Division of Neurology UBC
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To learn more about this study, visit vchri.ca/participate



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