

# Putting Heart Failure Patients' Experiences at the Centre of Home Health Monitoring Design

## PURPOSE OF THIS STUDY:

We hope to understand a heart failure patient's journey during the transition of care from the emergency department or hospital to home. We also want to explore how technology, like home health monitoring, can better support patients' recovery during this time.

## WHO CAN PARTICIPATE?

Anyone that has been diagnosed with heart failure and has had at least one recent visit to the emergency department because of their heart failure condition.

## WHAT IS INVOLVED?

- Participate in a 30 minute interview. In the interview, you will be asked about your emergency department experience, your transition home after leaving the hospital, and your thoughts and experiences about using technology in health. Also, you will be asked to complete a quick demographic questionnaire.
- Verify your answers over the phone. Two to four weeks after the interview, we will give you a call to review your responses and allow you to make any changes (approximately 20 minutes).
- Take part in a 60-90 minute focus group session. At this session, you and other participants will hear the preliminary findings from the research and hear how technology can be used to support patients in managing heart failure and improve the transition from hospital to home. As well, you will be asked to provide your thoughts around this technology.

## CONTACT INFORMATION:

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## PRINCIPAL INVESTIGATOR

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## STUDY TIME/DURATION

Recruiting participants starting April 2017.

## STUDY LOCATION

The interviews will be conducted over the phone. For the focus group, we will conduct the session in the Diamond Health Care Centre.

To learn more about this study, visit [vchri.ca/participate](http://vchri.ca/participate)