Studying the safety of Montbretin A for diabetes

PURPOSE OF THIS STUDY

The purpose of this study is to investigate the safety and tolerability of Montbretin A, a new natural product made from garden flower, in treating individuals with type 2 diabetes by reducing hyperglycemia episodes.

WHO CAN PARTICIPATE

This study is open to adults aged 19 to 65 with type 2 diabetes that is diet-controlled with no other medications other than vitamins and/or birth control. Participants must have a regular diet that includes three meals per day and must not have history of gastrointestinal impairments (e.g. Crohn's disease or inflammatory bowel disease).

WHAT IS INVOLVED

Those who consent to participate will undergo nine clinic visits over 13 weeks. This includes one screening visit the week before starting treatment (lasting approximately seven hours) and six treatment visits over a two-week period (Mondays, Wednesdays, Fridays; each lasting approximately six hours). Visits will involve taking the study treatment followed by a meal, along with other tests and measurements (finger prick, blood draw, hydrogen breath testing, electrocardiogram). Afterwards, there will be two follow-up visits, each lasting between 30 minutes to one hour. Participants will be compensated for their time and effort.

CONTACT INFORMATION

Levina Ira, Research Assistant Phone: 604-875-4111 ext.62178 Email: levina.ira@vch.ca

STUDY TIME/ DURATION

Ongoing

STUDY LOCATION

Gordon and Leslie Diamond Health Care Centre 4193-2775 Laurel Street, Vancouver

PRINCIPAL INVESTIGATOR

Dr. Robert Petrella Head (Chair), Department of Family Practice, UBC Research Investigator, VCH Research Institute

To learn more about this study, visit vchri.ca/participate

Version date: February 29, 2024



Health research changes lives.

Be part of the discovery vchri.ca/participate

Vancouver Accepted States Vancouver Accepted