

# You don't have to be a scientist to be part of a medical breakthrough.

Today's treatments are available thanks to people who participated in research.

Whether you are healthy or have a medical condition, there are opportunities to participate in a research study. Health research ranges from simple questionnaires or screening tests, to clinical trials of a new drug or device.

## By participating in research, you may



Help researchers find safer or better treatments or medications



Help expand medical knowledge by providing your health information



Help researchers to better understand what is known about a disease or treatment



Help future generations by finding new ways to treat and prevent disease

# Your participation makes a difference.

## How you can get involved

Ask your doctor or health care provider about research studies that are looking for participants.

Visit the Vancouver Coastal Health Research Institute website:

[vchri.ca/participate](http://vchri.ca/participate)



The research team will explain the study purpose and procedures to you. Learn what it means to participate. Make sure all your questions are answered to your satisfaction before agreeing to participate.



If you meet the study criteria, you will be asked to sign an informed consent form. Informed consent is an ongoing process of learning and understanding about a research study that will continue throughout your study participation.

## Participation in research is voluntary

You have the right to decide if you want to take part. You may withdraw at anytime without providing a reason. Your information will be protected and kept confidential.

## Questions to ask before participating

If you are interested in participating in a research study, you likely have some questions. Here are a few suggestions to help guide you:

- What are the possible benefits and risks?
- What will I be asked to do as a research participant?
- How much time will the research study take?
- Where and when will the testing occur?
- Will any of my expenses be reimbursed?
- Will I be paid for my participation?

## If you will be participating in a clinical trial that involves an experimental drug or device:

- What do researchers already know about the experimental drug or device?
- Why do researchers believe this drug or device might work in patients with my condition?
- What side effects might occur and what should I do if I have any?
- If the treatment works for me, can I keep using it after the clinical trial? What will be the cost of continued usage?
- Will my doctor be informed of my involvement in the clinical trial? Will I be informed of the results?

## Your participation today brings hope for the future.

### Health research changes lives.

Researchers at Vancouver Coastal Health are world leaders in turning discoveries into clinical care that impact lives in British Columbia and beyond.

Vancouver Coastal Health Research Institute is one of Canada's top-funded health research organizations. With your support, our research improves patient health and unlocks the potential of new drugs, treatments and medical devices.

### Be part of the discovery.



## People say yes to research for many reasons.

I thought about my grandchildren. If this research doesn't help me, it may help one of them.

– Dale, Sechelt

If a study I'm in can help researchers get information to alleviate symptoms for me and other people, I think that's a wonderful thing I can give.

– Madeline, Vancouver

I agreed to take part right away because kidney stones are so painful. It's important to find an answer.

– Carolyn, Fraser Valley

### You can support research in many ways.

Please give: [vghfoundation.ca/donate](http://vghfoundation.ca/donate)

[vchri.ca/participate](http://vchri.ca/participate)

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What can you do today for a healthier tomorrow?

## Lend a hand. Participate in research.



Vancouver  
CoastalHealth  
Research Institute

[vchri.ca/participate](http://vchri.ca/participate)